



5288 Joyce Street, Vancouver, BC V5R 6C9

Phone: (604) 435 – 0323 || Fax: (604) 451 – 1191 || Website: [www.cnh.bc.ca](http://www.cnh.bc.ca)

## Volunteer Posting

- Volunteer Position:** Wednesday Grocery Delivery Driver Volunteer.
- Name of Program:** Grocery Shopping Program.
- Program Description:** The Grocery Shopping Program provides delivery service for groceries to vulnerable seniors 55+ residing in the Renfrew-Collingwood Neighbourhood and surrounding area. A group of dedicated volunteers will call a senior, take their order, and deliver them right to the senior's door! Order-Taking occurs every Monday and Tuesday, and deliveries are made every Wednesday with groceries freshly picked from Save-On-Foods. We accommodate payment options such as personal credit card, cash, and cheque!
- Day & Time:** 1-2 hours/Wednesday, between 10:00 a.m. – 2:00 p.m.  
Commitment of 6 months minimum.
- Location:** Grandview Save-On-Foods and seniors' homes in the catchment area.
- Roles & Responsibilities:**
- Pick up pre-packed grocery orders, deliver to seniors' homes, and collect payment when applicable.
  - Conduct informal wellness checks.
  - Email the coordinator images of receipts and summaries of payments.
  - Mileage will be reimbursed at \$0.55/km.
  - We can also provide a MODO carshare account, if you do not have access to a car.
- Skills & Qualifications:**
- Interest in helping others and engaging with older adults.
  - Detailed and communicative.

- Access to phone.
- Capable of lifting ~20 lbs.
- Class 7 Driver's License minimum.
- Additional language competencies beyond English are an asset.

- Benefits & Opportunities:**
- Support isolated and vulnerable seniors to get the food they need.
  - Make a difference in the lives of community members and learn more about food security and the unique position of seniors within Vancouver.
  - Provide valuable community outreach and support.
  - Volunteer with a positive team that has a shared commitment to helping others.
  - Gain valuable experience interacting with the community and Collingwood Neighbourhood House!

**If you are interested in volunteering, please submit your completed registration form to the Volunteer Manager, Yndira Arteaga, via email [volunteering@cnh.bc.ca](mailto:volunteering@cnh.bc.ca) or phone (604) 366 – 9142.**