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## Volunteer Posting

- Volunteer Position:** Personal Grocery Order-Taker & Delivery Driver Volunteer.
- Name of Program:** Personal Grocery Shopping Program.
- Program Description:** The Personal Grocery Shopping Program closely pairs up one volunteer with a senior, who takes care of the ordering and can shop at different grocery stores with a flexible schedule. We accommodate payment options such as personal credit card, cash, and cheque!
- Day & Time:** Flexible, consistent schedule, ~2 hours/week. Commitment of 6 months minimum.
- Location:** Grocery store of your choice and seniors' homes in the catchment area.
- Roles & Responsibilities:**
- Contact assigned senior(s), take their grocery order, shop for their groceries, deliver groceries to seniors' homes, and collect payment.
  - Conduct informal wellness checks.
  - Email the coordinator status updates, images of receipts, and summaries of payments.
  - Mileage will be reimbursed at \$0.55/km.
  - We can also provide a MODO carshare account, if you do not have access to a car.
- Skills & Qualifications:**
- Interest in helping others and engaging with older adults.
  - Detailed and communicative.
  - Access to Wi-Fi, computer, and phone.
  - Capable of lifting ~20 lbs.
  - Class 7 Driver's License minimum.

- Additional language competencies beyond English are an asset.

**Benefits & Opportunities:**

- Support isolated and vulnerable seniors to get the food they need.

- Make a difference in the lives of community members and learn more about food security and the unique position of seniors within Vancouver.

- Provide valuable community outreach and support.

- Volunteer with a positive team that has a shared commitment to helping others.

- Gain valuable experience interacting with the community and Collingwood Neighbourhood House!

**If you are interested in volunteering, please submit your completed registration form to the Volunteer Manager, Yndira Arteaga, via email [volunteering@cnh.bc.ca](mailto:volunteering@cnh.bc.ca) or phone (604) 366 – 9142.**