



COMMUNITY LUNCH

March 2020 Menu

Seniors: \$6.00 Adults: \$7.00 Students: \$5.00 Children under 12: \$3.25

Lunch is served from 12:00 noon – 12:30 pm.

**If you will be later, please reserve by noon by calling kitchen staff at 604-435-0323
Proceeds support CNH Seniors Programs**

Tuesday, March 03

Beef barley soup, egg salad sandwich, salad, biscuit

Thursday, March 05

Baked Chinese BBQ chicken bun, salad, sesame seeds cookie

Tuesday, March 10

Vegetable soup, sockeye salmon salad sandwich, salad, chocolate chip cookie

Thursday, March 12

Cabbage roll, salad, poppy seed cake

Tuesday, March 17

Cream of broccoli soup, chicken or veggie quiche, salad, shortbread cookie

Thursday, March 19

Beef stroganoff on egg noodles, salad, chocolate zucchini cake

Tuesday, March 24

Creamy watercress soup, cauliflower and smoked salmon frittata, salad, lemon cake

Thursday, March 26

Spaghetti and meatballs, garlic bread, salad, brownie

Tuesday, March 31

Red lentil soup, tuna melt sandwich or grill cheese sandwich, salad, carrot cake