



5288 Joyce Street, Vancouver, BC V5R 6C9  
Phone: 604 435-0323 Fax: 604 451-1191 Website: [www.cnh.bc.ca](http://www.cnh.bc.ca)

## Volunteer Posting

- Volunteer Position:** Friendly Visitor/Friendly Phone Call - Volunteers for Seniors Program
- Posting End Date:** December 31, 2019
- Name of Program:** Renfrew Collingwood Better at Home
- Program Description:** The Renfrew Collingwood Better at Home (BAH) Program helps older adults continue living independently in their own homes by providing simple, non-medical home support services. The Friendly Visiting service aims to improve the social and emotional well-being of isolated or lonely seniors and provide social interaction and companionship on a weekly or biweekly basis. Friendly visitor volunteers will be matched with a senior according to common needs and interests, and visit the senior at their home to spend time chatting over a cup of tea or doing an activity like watching a movie or playing a game. Volunteers also have the option to phone call the senior on a regular basis to provide a friendly, listening ear.
- Day and Time:** Most Friendly Visitors will visit or call the senior once per week for one or two hours.
- Location:** Renfrew Collingwood area. The BAH boundary is Broadway to 41st (North to south) and Commercial to Boundary (East to West)
- Duties:**
- Visit seniors on a weekly or bi weekly basis in their home (as mutually agreed)
  - Be reliable and punctual; call or email if unable to make it for a scheduled visit
  - Stay for one or two hours as needed
  - Provide a friendly, listening ear
  - Respect confidentiality at all times
  - Report any incidences and emergencies immediately
  - Keep accurate records and submit the required logs to Better at Home Coordinator
- Requirements:**
- Able to visit with a senior once per week
  - Willingness to complete Criminal Record Check
  - Attend all program orientations and training
  - Treat all seniors with dignity and respect
  - Willingness to help make a difference in a senior's life
  - Second language an asset (currently actively looking for Vietnamese-speaking volunteers, others are welcome)
  - Any additional skills and hobbies an asset (currently looking for volunteers that play guitar)
- Benefits:**
- Gain interpersonal and communication skills relevant to health care, social work, and other professions
  - Develop understanding of seniors care and issues faced by older adults
  - Help seniors stay connected and reduce social isolation
  - Training and orientation
  - Enjoy the company of new friends!
  - The chance to give back to your local community

**If you are interested in volunteering, please contact Himani Bhatnagar, Better at Home Co-Coordinator, at [hbhatnagar@cnh.bc.ca](mailto:hbhatnagar@cnh.bc.ca) or call 604-435-0375.**