

# Renfrew Collingwood

October 2007

COMMUNITY NEWS

社区新闻

## Renfrew Ravine Moon Festival

Page 3



## Avalon Country Fair

Page 2



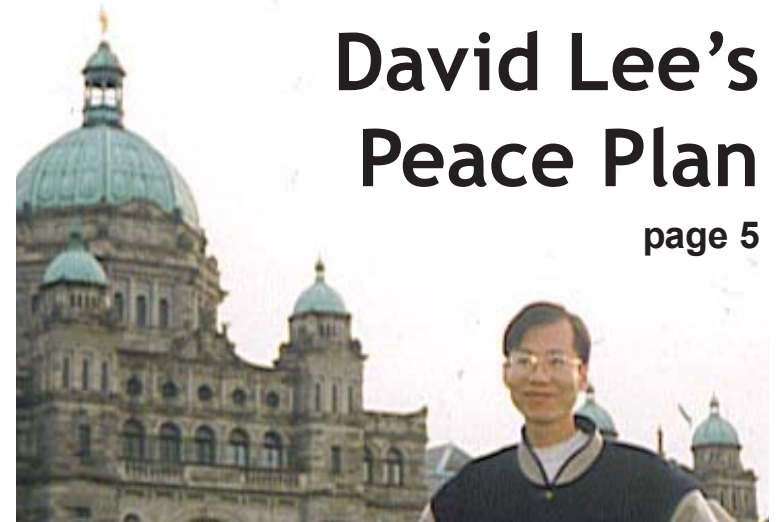
## New Mural

Page 6

Yoko Tomita (left) lead in the production of another beautiful mural (below).

## David Lee's Peace Plan

page 5





# Avalon Country Fair

We would like to thank all the volunteers who came throughout the day to participate with the variety of activities happening, our sponsors for their continued support, and the community(people) who came to spend the day with us at the Avalon Country Fair. This years event attracted approximately 10,000 people throughout the day. They were able to enjoy musical entertainment, pony rides, petting zoo (especially when the cow got loose), Tours of the dairy, the VSB Nursery and heritage walk with John Atkin. There was a variety of different info booths as well as vendors. The Gizeh Shriners

came out to help with the concession and to perform for us throughout the day. The ACF set up a booth for the Vancouver Food Bank and all patrons that donated a non perishable item received a free hotdog. A donation was made to the Gizeh Shriners Patient Transportation Fund.

Next years event will be held on Sunday September 7, 2007 from 10:30am-5:00pm



**Sussex Insurance** 

**Autoplan**

*"Ask us how we can help save you money"*

CAR • HOUSE • BUSINESS • TRAVEL

OPEN 9 AM TO 7 PM; MONDAY - FRIDAY  
OPEN 9 AM TO 6 PM; SATURDAY & SUNDAY

**2599 Kingsway**  
**604.436.3000** Paul Saggiu  
Sandy Lanji

**hm tax & ACCOUNTING**

*~E-file Service Available  
~No appointments Necessary*

Trusted Name In Our Community For Over 31 Years

- Accounting
- Bookkeeping
- Income Tax Preparation
- Payroll
- Financial Management
- WCB
- GST / PST

3321-KINGSWAY PH: 604-438-3611  
EMAIL: paul@hmtax.ca EMAIL: hmtax@shaw.ca  
PH: 604-438-3611 FAX: 604-438-6226 TOLL FREE: 1-800-898-5811



**Alexander INCOME TAX**

- E-FILE service available
- Computerized tax returns
- Prior year returns welcome
- Small business service

*No appointment necessary  
New Clients Welcome*

**Telephone: 604.434.9526**  
**Fax: 604.434.3903**

Suite #108 - 3399 Kingsway





# Renfrew Ravine Moon Festival 2007

Thank you to Youth Media and the VFK Festival Committee for generously sharing their fine photos



## STILL MOON ARTS SOCIETY AND

*Renfrew Community Association would like to thank*

*Our funders:*



- RBC Dominion
- Scotiabank
- Safeway
- Chili Pepper House
- Dominos Pizza
- Banana Grove
- Que Pasa Foods
- Old Spaghetti Factory
- Grandview Lanes
- Starbucks
- Charlie's Chocolate Factory

- G & F Financial
- Rona Home Hardware
- Purdy's
- London Drugs
- Ragazzi Pizza
- Uprising Breads
- Superstore
- Eastside Graphics
- Gardenworks
- Caesars

*And our community supporters:*

- Collingwood Neighbourhood House
- Collingwood Community Policing Centre
- Nootka Elementary
- Windermere High school
- Renfrew Chinese Seniors
- Renfrew Collingwood Food Security Institute
- Renfrew Ravine Committee
- Still Creek Stewardship Society



WWW.MOONFESTIVAL.NET

**Candida Dias**  
Notary Public

*Member of Society of Notaries Public*

**Bus: 604.454.9788**  
**Fax: 604.454.9789**

Email: [cdias@notaries.bc.ca](mailto:cdias@notaries.bc.ca)  
2475 Kingsway



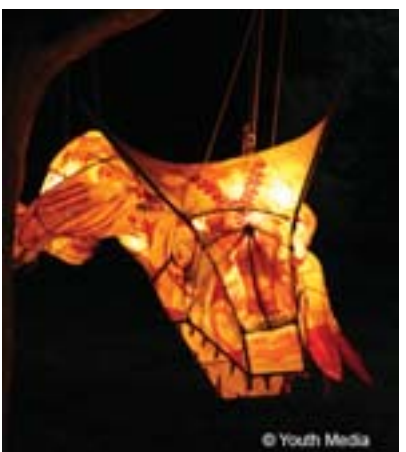
**JOEL KORN**

Serving Your Community

**604.722.4588**

e-mail: [kjoel@sutton.com](mailto:kjoel@sutton.com)

**Sutton** Sutton Group - Killarney Realty  
An Independent Member Broker  
#205 - 2607 East 49th Ave.,  
Vancouver, B.C. V5S1J9



*Some local wines are getting a great reputation.*

*(They could be your neighbour's)*

There's no doubt that the local wines are creating quite a stir. Especially amongst your friends and neighbours. That's because more and more people are enjoying the fun and satisfaction of making their own.

We are proud to present 100% pure juice from around the world in order to exceed your brewing experience.

We also have a huge selection of European Beers, Ciders and Coolers. Come find out what the "Brew Haven Buzz" is all about! Cheers!

**Vancouver Brew Haven**  
2 - 2741 Skena Street, Vancouver (across from Costco) 604-436-2739 [brewhaven.com](http://brewhaven.com)

Worried about making your own wines? Feeling you don't have the necessary skills? Let us calm your fears!

For a limited time, when you order a batch of wine, we'll throw in the wine bottles (30 x 750ml) and 2 pine wine crates (an \$80 value), and it's yours free to encourage you to try us out.

Available while quantities last, limit one per customer

**\$80.00**  
VALUE



## True Time

by Amaya Dana O'Duir

As the tick-tock of the clock punctuates the hours of our frenetic modern pace, it can be nearly impossible for us to engage in Time as a radial presence, as a synchronistic and balanced flow of cosmic energy. The intrinsic design and geometry of True Time is a Time deeply attuned to the interplanetary activity of our Milky Way Galaxy, (such as the ebb and flow, wax and wane, retrograde and direct motions, germinations and terminations) and is meant to align us to an empowered frequency in balanced measure with Creation; a quality of Time which integrates our "doing" with our "being" making us more available to the Numinous, the Divine, to the Sacred infusion of Spirit Flow and Evolved Cosmic Consciousness.

However, we are bound to the linear mechanization of an irregularly measured Gregorian calendar and clock system; a system we inherited from the Vatican and the Caesars of the Roman Empire and which does not accurately observe our organic, natural cycles in any intelligent manner. It is an arbitrary and disconnected rhythm, loosely oriented to

by when using the days of the months as direct reference. This creates an inherent disharmony in the depths of our beings, repeatedly sending a disjointed and disorganized message to our very cells. Daily our gregorian time-clocked biology is uncoordinated to True Time, out of step with the greater Cosmos, and off balance with the Earth Herself.

Time is not simply a matter of organized chronology: It is the frequency of synchronicity and interdimensionality, which holds a profound Magic and Mystery we have yet to really comprehend and unravel. Yet, somehow we have come to refer to the power of Time as a "clock". Dr. Jose Arguelles asserts, "A two-dimensional plane divided into 12 equal parts of 30 degrees each is a measure of SPACE—substituted to be a measure of TIME. All civilization is governed by this erroneous concept that time is something that's measured by the clock." We, as a Western culture conditioned by the notation of mechanized time, have become disconnected from the more sensuous perception of Time. Time, in essence, is a lucid and vital energy source for the awakening of our extended sense perceptions and for Communion with Creation, as opposed to something we

blindly give over to in our daily duties, chores, work lives and personal management structures, however inspired they may be.



Within the essence of True Time we are offered an embodied alternative to the mechanized time we are currently run by. In this, we can restore an aligned inter-connection and synchronicity to subtle forces of the Earth and the Universe and we may integrate a vibration of Time which is in true harmony with our Divine Source. By intimately observing our solar and lunar cycles, our galactic-planetary cycles, (by way of classical or traditional forms of astrology and astronomy) our seasonal geographical rhythms, our personal power cycles of adolescence, parenthood, pregnancy, cronehood, and our death/ rebirth and fertility cycles, we can re-attune our bio-bodies, minds and hearts to a greater holism. We can open up to multidimensional space in a vaster relationship with Time beyond the current limitations of our 2-D clocks.

True Time as a radial frequency is geometric and mathematical. It is divinely designed as a galactic activation tool for our higher intended purposes, far beyond the third dimensional reality of our current orientation. We have yet to evolve and transcend into this as humans, and a significant reason for this is that we are energetically scrambled within the erroneous illogic of the Gregorian calendar we are so ruled by.

The Tzolkin of the Traditional Maya, and Dr. Jose Arguelles' modern adaptation of the Tzolkin in the Dreamspell Calendar version are specialized measurements designed to facilitate this initiatory journey into True Time, and are both highly valuable resources for our spiritual-evolutionary growth and personal-collective enlightenment.

### COMMUNITY NEWS 社区新闻

The mission of this non-profit publication is to provide the residents, businesses and organizations of Renfrew/Collingwood with a medium for community communication.

#### We want to hear from you!

Yes, You! Send comments, community events, press releases, etc. by regular post, fax or e-mail. Criticisms and/or suggestions for improving the paper are welcomed and encouraged.

We welcome appropriate, unsolicited editorial submissions if accompanied by the author's real name, address and telephone number. The author should retain the original as we cannot return submissions without prior agreement nor does submission guarantee publication. We reserve the right to make editorial changes.

**The RenfrewCollingwood News does not necessarily support the views of its contributors.**

The Renfrew Collingwood News is an initiative of the Collingwood Neighbourhood House (CNH). Founded in 1985 CNH's mission is to provide leadership, programs, services and support to community building initiatives in Renfrew Collingwood.

#### You Can Find the RC Community News @:

Libraries, Collingwood Neighbourhood House, Renfrew Park Community Centre, The Italian Cultural Centre, Collingwood Policing Office, other Organizations, Religious Institutions, Schools, Laundry Mats, Coffee Shops, Restaurants, Markets, Corner Stores, other Businesses and on coffee tables all over town.

#### Contact the RCCNews

Collingwood Neighbourhood House  
5288 Joyce Street  
Vancouver, BC  
V5R 6C9

Phone: 604.727.3993

Fax: 604.435.1191

Email: [info@smartcommunity.net](mailto:info@smartcommunity.net)

Mail: 5288 Joyce Street Vancouver, B.C.  
V5R 6C9

Advertising: Contact Paul @

Phone: 604.727.3993

Email: [ads@smartcommunity.net](mailto:ads@smartcommunity.net)

## COLLINGWOOD LAW OFFICE

*Barristers & Solicitors*

**We specialize in:**

- Buying & Selling a Business
- Buying & Selling a Property
- Mortgages
- Divorce
- Separation Agreement
- Cohabitation Agreement
- Criminal Law
- Immigration Appeals
- Spousal Sponsorship
- Family Sponsorship
- Student & Visitor Visa
- Skilled Workers
- Leases
- Wills & Estates

# 高靈活律師行

## Collingwood Law Office

- 物業買賣，轉讓及按揭
- 生意買賣，轉讓及租約
- 成立有限公司
- 分居協議，離婚及家庭糾紛
- 遺囑及財產分配
- 民事或刑事訴訟
- 各類移民申請，拒簽上訴，單身證及解除條件

**Phone: 604-434-2977 Fax: 604-434-2967**

2959 Kingsway, Vancouver, BC V5R 5J4

the measure of our solar orbit, yet impossible to make accurate calculations

**Inward Spiral**

The Healing Art of Transformation

Amaya Dana O'Duir

Reiki, Reflexology, Sound  
Medicine, Sacred Body/ Belly  
Painting, Experiential  
Workshops, Customized Art, DNA  
Healing, Rite of Passage Events,  
Labyrinth Walks.

778-329-2508



# David Lee's Peace Plan by Paul Reid

David Lee, a resident of Renfrew/Collingwood, has an ambitious plan, one that he has been working on since July 9, 1984. David Lee's plan is a plan for world peace.

Born in southern China in 1964, for the past 23 years David has been trying to get as many people as possible to listen to his plan and tell others. In this time has sent letters to Ronald Reagan, Queen Elizabeth II, Deng Xiao Ping (former leader of China), many other nations' leaders, the United Nations, dozens of Universities, local

politicians, and 100's of media outlets around the world...the list is long. In fact, you too may be one of many local residents receiving emails from David Lee.

He is looking for people to run in a new election, one that would see representatives of every region on Earth, forming a new cooperative group that he calls the 'Mankind Rising Union' (MRU). David has planned that countries would have more or less MRU representatives relative to their size and power: there would be 10 representatives for Canada, roughly one for each Province; China and the USA, David explains, would both have 15 representatives. 'Under-developed' countries would each have at least one seat.

David explains that this new cooperative group, the MRU, would be like a new level of government, an extension of the as municipal, provincial, and national levels of government we have now. The representatives would



What changes would such a plan bring about for the world? For one, it would see that there was some level of democracy in every country in the world. Hopefully too, it would bring about peace. He wants the plan to help out the under-developed countries as well.

Does this sound like a good plan to you? David is looking for feedback and help with this plan. He stresses that he is open to listening to other peoples' ideas and to change the plan accordingly. What he mainly seeks is some assistance. "Please help me improve it and make it more perfect."

mainly work on maintaining peace throughout the world. David would also like to see a couple (male and female) to be elected to head the MRU.

If you have any thoughts or ideas for David Lee and his 'MRU' peace plan, you can email them to him at: [david2000ca@yahoo.ca](mailto:david2000ca@yahoo.ca)



David Lee with Mayor Sam Sullivan

**Hot Office Power Lunch**  
**Hot Deliveries & Catering**  
 All Combos Only \$6.75 per person  
All Combos Include Choice of Soft Drink  
 Free Delivery - Minimum \$20.00 Order

<b>Combo #1</b> Signature Butter Chicken Served on Rice	<b>Combo #2</b> Beef BBQ Burger Served with Fries or Baked Potato
<b>Combo #3</b> 12 Assorted Mini Sandwiches 3 Chicken, 3 Beef, 3 Veggie Served with Fries and Salad	<b>Combo #4</b> Super Sandwich 1 Chicken, 1 Beef, 1 Veggie Served with Fries or Baked Potato
<b>Combo #5</b> Family's Favorites Chicken, Beef, Shrimp, Veggie, Pork Served with Fries, Salad, or Potatoes \$1.00	<b>Combo #6</b> 3 Chicken Kebabs Served with Fries or Baked Potato

**Free Fast Delivery - Hot to Your Door**  
 Call Now! 604.436.1199

Support  
 Our Advertisers  
 Support  
 Our Community

**Mulhern's Pub**  
 @ The Eldorado  
 PRESENTS  
**Classic Rock Bands**  
 Live: Every Friday & Saturday Night

Every  
 2nd  
 Tuesday  
**Bands  
 of the  
 Future**

**Sunday Specials:**  
 Free Pool all Day;  
 Drink Specials;  
 1/2 Pound Cheeseburger  
 & Fries: \$4.75  
 Pound of Wings: \$3.50  
 Drink Special every night!!!

**East Van's Busiest  
 Cold Beer &  
 Wine Store**  
 Open: 9 am - 11 pm Daily  
 7 Days per week  
 365 Days Per Year!

**ELDORADO HOTEL** 2330 Kingsway (at Nanaimo)  
 Vancouver  
 604-434-1341

**Collingwood General Store**

**CGS**  
 CGS is your home for **Lotto 649**  
 and other lottery tickets.

Now Featuring  
**LOTTO 649**

3229 Kingsway  
 (ACROSS FROM CARLETON SCHOOL)  
 604.431.0247

**Beyond The Grape**  
 Wineworks

**September Special:**  
 Receive \$20 off any  
 Premium Wine Kit

Come in and get your wine custom made for You  
 or Gifts for the wine lover in your family.

**Tel: 604.437.7100**  
 2603 Kingsway  
 (between Earles & Slocan)  
 email: [makewines@allstream.net](mailto:makewines@allstream.net)

Wine kit support expires September 31/07



## New Mural at 29th Near Slocan

Yoko Tomita has been at it again, leading community members in beautifying the area around Slocan Park with another wonderful mural. Yoko and a group of those who 'truly love painting' worked to transform a drab grey wall into a cheery scene of nature. This mural depicts the life cycle of the salmon, as well as all animals related to the food chain of the salmon. Yoko worked with youth from the Renfrew Community Centre who worked to come up with the concept. The mural, completed over the summer was funded by the Vancouver Graffiti Management Program. Yoko's message: "Let's keep our nature clean and beautiful for our future generations."



## Pumpkin Patch Festival: Oct 27th

Frog Hollow Neighbourhood House has decided to combine the rescheduled Clinton Park party with its annual **Pumpkin Patch Festival** on **Saturday October 27th**, 10 – 4 p.m.

The festival will take place at Frog Hollow Neighbourhood House (Renfrew and 5th)

There will be a draw for prizes donated by local merchants, and entertainers for the day. Other festivities include: a pumpkin patch, face-painting, crafts and children's games, a huge bouncy castle, and lots of other family fun.



The following is a paid advertisement by **Adrian Dix, MLA for Vancouver/Kingsway**

### Moon Festival 2007

Congratulations to the organizing committee and volunteers of the moon festival on another successful annual event. Several Renfrew-Collingwood residents came out to celebrate this autumn festival by participating in the harvest and healing fair. Many brought their various and unusual vegetables. I was honoured to participate as a vegetable judge, a task that I take pleasure in every year. I would like to send a special recognition to Carmen Rosen and Terry Tayler and many of the volunteers who have made this event a huge success.



### Change in Homework Club Hours

This is a notice that the homework club hours of operation has changed to Fridays from 4:00 to 5:30 pm. Get assistance from volunteers of the Vietnamese Student society of BC. Children from grades 4 to 10 are welcome. Get extra tutoring in math or science or just spend time practicing your reading and spelling. For more information or to register, contact Que Tran Hoang at 604-660-0314. Space is limited, so sign up fast.

### What is this Baby Bonus?

I received an inquiry this month about the Children's Education Fund, also known as the "baby bonus" that the provincial government is offering families who have children born on or after January 1, 2007. Many have inquired how they can be eligible for this fund. The Children's Education Fund is a \$1000 grant that will go to eligible parents who have children born during this time in the province of BC, and it will also include children born outside the province whose parents who ordinarily reside in BC such as Canadian Forces Personnel or mothers who travel outside of BC for specialized medical care. There is no need to apply or register for this benefit, because you would automatically be eligible for this grant if your child is born in BC on or after January 1, 2007.

However, when your child is ready to enter a qualifying post-secondary institution, eligible beneficiaries will simply have to apply for the benefit at the time as long as they are age 26 or younger. Qualifying educational institutions will include a wide range of BC-based institutions providing academic, trades or other vocational training. The benefit will be available to contribute towards the cost of tuition or other related educational expenses such as books and living expenses.

So therefore, the money will not be available to you once your baby is born, only when they will apply for a qualifying post secondary institution 18 years from now. For more information, you can visit the government website at [www.gov.bc.ca](http://www.gov.bc.ca).

### U Got the Rhythm, I Got the Rhyme

I would like to apologize for any confusion in regards to the Hip Hop Workshop scheduled last month. Recently the group decided to reschedule the event to October 12, 2007 from 6:30 pm to 8:30 pm. Registration is still open. If you are a youth interested in participating or volunteering for this event, please contact Easter Tocol @ 604-660-0314 or email at [easter.tocol@leg.bc.ca](mailto:easter.tocol@leg.bc.ca)

## SAINT JUDE'S

ROMAN CATHOLIC CHURCH AND SHRINE

3078 Renfrew Street, two blocks south of Renfrew Stn/Bus 16

### SUNDAY SCHEDULE

Holy Mass: Saturdays 5 PM, Sundays 9 & 11 AM and 5 PM  
Sung Vespers and Benediction 4 PM

### WEEKDAY SCHEDULE

Holy Mass: Monday, Tuesdays, Thursdays, Fridays 8 AM  
Wednesdays 7:30 PM with Novena of St Jude  
Saturdays & Statutory Holidays 9 AM  
Confessions: Saturdays 8:30 AM & 4 to 4:45 PM and one half hour before weekday Masses

Tel: 604-434-6700 Email: [stjudes@rcav.bc.ca](mailto:stjudes@rcav.bc.ca)

*Newcomers are always welcome!*

## Collingwood Baptist Church

Sunday worship services: 11:00 am and 6:30 pm  
Supervised Nursery and Children's church (11:00 am)  
Bible classes for children and teens at 10:00 am

Located just two blocks north of the Skytrain station -  
4847 Joyce Street

(call 604-433-5616 or go to [www.collingwoodbaptist.org](http://www.collingwoodbaptist.org) for more information about our events and activities)



4847 Joyce Street  
Vancouver, BC V5R 4G4  
604-433-5616  
[www.collingwoodbaptist.org](http://www.collingwoodbaptist.org)  
[pastor@collingwoodbaptist.org](mailto:pastor@collingwoodbaptist.org)  
[paul@morphoyouth.com](mailto:paul@morphoyouth.com)

## 国际拉丁舞课程 - 社交跳舞 BALLROOM LESSONS, SOCIAL DANCES

FRI. 星期五,  
中午 12.15 – 2.15 p.m. Int.  
中班 drop in \$4.50

SUN. 星期日,  
下午 1.05 – 3.00 p.m.  
Beg/Int. 初中级 drop in \$4.75  
下午 3.00 – 5.00 p.m. Dance 跳舞  
drop in \$2.00

Special 特别 –  
1. Those taking lessons can  
dance free 学舞者跳舞免费,

Collingwood Neighbourhood  
House, 高龄活动中心,  
5288 Joyce St, Vancouver  
Tel. 电话 604-435-0323

Maple Leaf Cultural Association,  
枫叶文化协会  
Info. 讯问, Harold Lim, Tel. 电话  
604-733-8365  
Mr Chuck 604 255-0250 between  
5-7pm

E-mail 电子邮件  
[mapleleaf888@hotmail.com](mailto:mapleleaf888@hotmail.com)

# OCTOBER 2007

## RENFREW/COLLINGWOOD COMMUNITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sundays at Collingwood N'House:</b> Ballroom Dancing, 1:00 - 5:00 pm Badminton (Adv & Intermediate) 10:00 am - 1:00 pm	<b>Mondays at Collingwood N'House:</b> Storytime, 10:00-11:30 am Pilates, 12:05-1:05 pm Aerobics, 6:00 - 7:00 pm Volleyball, 8:15 - 10:00 pm	<b>1 Tuesdays at Collingwood N'House:</b> Jazzercise, 12:00 nn - 1:00 pm African Dance, 4:00 - 5:30 Hatha Yoga, 6:45 - 8:15 pm T'ai Chi, 7:30 - 9:30 pm	<b>2 Wednesdays at Collingwood N'House</b> Seniors Strength and Stretch, 11:00 am - 12:00 Pilates, 12:05-1:05 pm Seniors Gentle Fit Chair Exercise, 1:00 - 2:00 pm Jazzercise, 6:00 - 7:00 pm Drop-in Soccer (Adult), 7:15-8:45 Drop-in Badminton (Adult), 8:45 - 10:00 pm	<b>3 Thursdays at Collingwood N'House</b> Seniors Yoga Drop in, 9:30 - 10:30 am Jazzercise, 12:00 nn - 1:00 pm Hatha Yoga, 6:45 - 8:15 pm Drop-in Badminton (Adult), 7:00-8:30 pm Drop-in Soccer (Adult), 8:30 - 10:00 pm	<b>4 Fridays at Collingwood N'House</b> Seniors T'ai Chi, 9:30 - 10:30 am Seniors Strength and Stretch 11:30 am - 12:30 nn Ballroom Dancing, 12:15 - 2:00 pm Aerobics, 6:00 - 7:00 pm	<b>5 Saturdays at Collingwood N'House</b> Jazzercise, 10:00 - 11:00 am T'ai Chi Intermediate/Beginner 10:00 - 11:00 am  <b>Italian Cultural Centre: CONFRATELLANZA ITALO-CANADESE</b>
7	<b>8</b> 	<b>9</b> <b>Collingwood Neighbourhood House: 5288 Joyce Street ph: (604) 435-0323</b> <b>The Italian Cultural Centre Society: 3075 Slocan Street ph: (604) 430-3337</b> <b>Renfrew Park Community Centre: 2929 East 22nd Avenue ph: (604) 257-8388</b>  <b>Please Note:</b> <b>At the Time of Printing: Renfrew Park Community Centre &amp; the VPL Libraries are still closed due to the current strike.</b>	<b>10</b>	<b>11</b>	<b>12</b> <b>Italian Cultural Centre: ASSOCIAZIONE CULTURALE PUGLIESE DELLA BC</b> Annual "Festa d'Autunno" - Dinner and dance. Doors will open at 6:00pm	<b>13</b>
14	15	16	17	18	19	<b>20 Italian Cultural Centre: TOSCANI CULTURAL SOCIETY</b> Annual banquet, (dinner and dance). Doors will open at 6:15pm and dinner will be served at 7:00pm.
21	<b>22 Italian Cultural Centre: ITALIAN FILM IN COLLABORATION WITH THE ISTITUTO ITALIANO DI CULTURA FOR THE "SETTIMANA DELLA LINGUA ITALIANA NEL MONDO"</b>	23	<b>24 Italian Cultural Centre: ITALIAN FILM IN COLLABORATION WITH THE ISTITUTO ITALIANO DI CULTURA FOR THE "SETTIMANA DELLA LINGUA ITALIANA NEL MONDO"</b>	25	<b>26 Italian Cultural Centre: ITALIAN CHOIR OF BC FASHION SHOW</b> The Italian Choir of BC proudly presents the 2nd Annual Fashion Show.	<b>27 Italian Cultural Centre: ASSOCIAZIONE BASILICATA</b> Annual banquet - dinner and dance. Doors open at 6:00pm, dinner served at 7:00pm. In the Main Hall. Ticket price: \$50.00.
<b>28 Italian Cultural Centre: An Ocean of Children</b> Bring your children to a fun gathering, featuring storytelling, drawing on walls, and a lot of other activities along the theme of the sea.	29	30		31		



# Chicken Soup for the Renfrew/Collingwood Soul

## Quote Corner

I would rather be ashes than dust! I would rather that my spark should burn out in a brilliant blaze than it should be stifled by dry rot. I would rather be a superb meteor, every atom of me in magnificent glow, than a sleepy and permanent planet. The proper function of man is to live, not to exist. I shall not waste my days in trying to prolong them. I shall use my time.

**-Jack London**

The day will come when, after harnessing space, the winds, the tides and gravitation, we shall harness for God the energies of love. And on that day, for the second time in the history of the world, we shall have discovered fire.

**-Pierre Teilhard de Chardin**

Abundance is not something we acquire. It is something we tune into.

**-Wayne Dyer**

Cherish your visions and your dreams as they are the children of your Soul...

**-Napoleon Hill**

If you have built castles in the air, your work need not be lost; that is where they should be. Now put foundations under them.

**-Henry David Thoreau**

If you deliberately plan on being less than you are capable of being, then I warn you that you'll be unhappy for the rest of your life.

**-Abraham H. Maslow**

It is good to dream, but it is better to dream and work. Faith is mighty, but action with faith is mightier.

**-Thomas Robert Gaines**

It is surprising what a man can do when he has to, and how little most men will do when they don't have to.

**-Walter Linn**

Life is a great big canvas, and you should throw all the paint you can on it.

**-Danny Kaye**

Life is no brief candle to me. It is a sort of splendid torch which I have got a hold of for the moment, and I want to make it burn as brightly as possible before handing it on to future generations.

**-George Bernard Shaw**

Nothing happens unless first a dream.

**-Carl Sandburg**

Of all earthly music that which reaches farthest into heaven is the beating of a truly loving heart.

**-Henry Ward Beecher**

Our lives begin to end the day we become silent about things that matter.

**-Martin Luther King, Jr.**

Seek out that particular mental attribute which makes you feel most deeply and vitally alive, along with which comes the inner voice which says, "This is the real me," and when you have found that attitude, follow it.

**-William James**

Some people say they haven't yet found themselves. But the self is not something one finds; it is something one creates.

**-Thomas Szasz**

The only way to know the future is to invent it yourself.

**-Barbara Roberts**

## Mayonnaise Jar and 2 Cups Of Coffee

Submitted by Terry Tayler

When things in your life seem almost too much to handle, when 24 Hours in a day is not enough, remember the mayonnaise jar and 2 cups of coffee.

A professor stood before his philosophy class and had some items in front of him.

When the class began, wordlessly, he picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if the jar was full.

They agreed that it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full.

They agreed it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full.

They agreed it was.

The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full.

The students responded with an unanimous "yes."

The professor then produced two cups of coffee from under the table and poured the entire contents into the jar, effectively filling the empty space between the sand.

The students laughed.

"Now," said the professor, as the laughter subsided, "I want you to recognize that this jar represents your life.



The golf balls are the important things -

God, family, children, health, friends, and Favorite passions — things that if everything else was lost and only they remained, your life would still be full.

The pebbles are the other things that matter like your job, house, and car.

The sand is everything else — the small stuff.

"If you put the sand into the jar first," he continued, "there is no room for the pebbles or the golf balls.

The same goes for life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you.

So... Pay attention to the things that are critical to your happiness. Play With your children. Take time to get medical checkups. Take your partner out to dinner. Play another 18.

There will always be time to clean the house and fix the disposal. "Take care of the golf balls first — the things that really matter. Set your priorities. The rest is just sand."

One of the students raised her hand and inquired what the coffee represented.

The professor smiled. "I'm glad you asked".

It just goes to show you that no matter how full your life may seem, there's always room for a couple of cups of coffee with a friend."



## Three Links Care Centre ~25<sup>th</sup> Anniversary Open House~

The Three Links Care Centre is proud to announce that They are celebrating 25 years of caring in their community.

In honour of this occasion, we are holding an Open House

**Date:** ██████████ Saturday, █ November █3rd, █2005

**Time:** ██████████ 2:00pm █ 4:00pm

**Location:** ██████████ 2934 East █22<sup>nd</sup> █ Ave.

Please █RSVP█ by █October █24, █2005█ to █Kara █Nelson█ at:  
604-434-7211 █ext. █427█ or Email: █kara.nelson@threelinks.com

*Light Refreshments will be served*

If you have a favourite quote, story, riddle or joke...etc. to share with the community in the RCCNews, please email it to [info@smartcommunity.net](mailto:info@smartcommunity.net)



# Windermere High on Rockies

**Christei Leung  
Leadership Student; Grade 12**

Grade 12 Leadership students from Windermere Community Secondary School in East Vancouver, were ecstatic to trade the first week of school for a 5 day camping trip to the Rockies. With the funding received from the Parks and People program as well as the phenomenal support from Nature Canada and Parks Canada, we were granted the opportunity of a lifetime to backpack through the breathtaking trails of Yoho National Park. Although it was challenging, both physically and mentally, the rewards were unforgettable. We trudged up some of the steepest mountains with our massive packs, hiked alongside gorgeous glaciers drinking the water as it dripped off, stared in awe down beautiful waterfalls, and were always thankful that we were constantly surrounded by magnificent views. All in all the group hiked an incredible 50 km which included a visit to the Burgess Shale, a world heritage site, which saw us picking through rocks that contained 500 million year old fossils!

If our camping trip didn't seem amazing enough already, we met some wonderful people with Parks Canada that made our experience even more fulfilling. Joe Jazvac is a phenomenal fellow who took us along the Iceline Trail and shared with us his immense knowledge about the Burgess Shale. His enthusiasm was contagious and inspirational. Martha Marpole, another park warden, also joined us on our last night at Twin Falls

campground. Even though our time spent with her was short, the knowledge that she shared with us is certainly something we have brought back to our homes in Vancouver.

This trip was by far, one of the most amazing experiences we have ever had in our lives. We are still in awe and feel fortunate to have seen so many beautiful sights here in our own province. The memories and the insight we gained about ourselves and the environment we live in could never have come out of a textbook. There could not have been better way to kick off our last high school year.



**VANCOUVER UNDERGROUND**  
**MIND THE RAP**

**O-D OG PROMOTIONS** **PRO 4**

**CFRO Fundraiser**  
Bay Artist **Richie Cunning**  
w/ local guest MC's  
**Young Sin**  
**A-Slaam**  
**Jaykin**  
**Triforce Omega**

Featuring DJ Sage, among others

**Wednesday October 10th**  
**@ Plaza 10pm - 2am**

**\$5 cover**  
includes **FREE SHOT**

**Plaza**  
**HOUSE**

**a-slam PRODUCTIONS**

**A-SLAM GIRLS & GUYS ZIPPER HOODIES (WHITE, BLACK, RED, BLUE, BABY BLUE, & PINK): \$35**  
**A-SLAM GIRLS & GUYS T-SHIRTS (ANY COLOR): \$12**  
**TO ORDER PLEASE EMAIL: HALIDINA@SFU.CA**

# Who's Who in

# Historical Collingwood

*Gateway into Vancouver*



*Celebrating Over One Year Of Who's Who in Historical Collingwood*



**Bob Plesko**  
King's Way Kitchen Centre



**Brad Colwell**  
Bikram's Yoga Metrotown



**Diana Gray**  
Central Park Business Centre



**Pastor Ernie Culley**  
Life Centre Community Church



## Who's Who in Collingwood

*Each month a new business will be highlighted in our Who's Who feature. If you would like to be featured please give us a call.*

Collingwood Business Improvement Association

Suite 300  
3665 Kingsway  
Vancouver, BC V5R 5W2  
www.shopcollingwood.ca  
T 604 639.4403  
F 604 435.8181  
E coordinator@shopcollingwood.ca



**Vera De-Gernier**  
Ramada Hotel & Suites



**Phelan Jung**  
Vancity



**Jean Petrahn & Alex Kauryzhka**  
Medora Solutions Inc.



**Vishy**  
Simply Curries Inc.



**Maria Fernandez**  
Kiddie Castle Children's Wear



**Ruby Marshall**  
Starbucks Coffee Canada



**Michael Kent**  
London Drugs



**Jas Mahal**  
Tiny Bubbles Preschool



**Dr. Jaspaul & Hardeep Sehra**  
Axis Dental Surgery Group



# Principles of Community Development

Reprinted from 'Community Development: Principles and Practices'

## 1. Community development is a holistic approach to addressing the community's needs.

Community development encompasses the social, cultural, and economic aspects of society. a. People are of primary importance in social development. According to the U.N. mission statement on social policy and development, our objective should be the "building of secure, just, free and harmonious societies, offering opportunities and humane standards of living for all." Indeed, every person has the right to be nourished, to be adequately housed and secure, and to work, and governments should include people in decisions that directly affect them. The Province of

Newfoundland and Labrador's Strategic Social Plan is the result of broad consultations on the subject of social issues. Many submissions revealed that citizens were preoccupied with the availability of services and employment. The Plan puts forth a framework for social development which proposes new directions on these issues. The participation of communities is now necessary for its implementation. b. We have seen major growth in the development of our cultural community. In recent years, we have witnessed a proliferation of artists gaining international recognition and of poets, authors, and musicians. The increase in the number of local theater productions, festivals, and archaeological

and historical developments as well as recent growth in the film industry have generated an awareness of who we are as a people. This growth and recognition is advantageous for several reasons. Firstly, cultural activities attract people to our towns both on a short-term and long-term basis. Secondly, identity may form the basis of an outward marketing strategy, making it easier to sell homegrown products. Thirdly, in acknowledging our unique collective identity, we become prouder of who we are and invest in ourselves, our future, and our own products, generating even more local employment. The community's cultural agenda is leading to partnerships between the community and Government to effectively raise our self-esteem and prepare us to become more culturally entrepreneurial.

c. Community economic development is a citizen-led process dedicated to improving lifestyles by sharing wealth, reducing poverty, and generating employment. Activities relate to the providing of infrastructure in support of business development, which is defined as the practice of a commercial activity associated with the production, supply, or distribution of commodities for profit.

**2. Community development is a process.** Community development is not just an activity but a set of activities that the community pursues in a systematic way over an extended period of time. It is a process that is continuous, guided, and adheres to a set of general principles. The community, on the basis of widespread participation, develops a vision to steer the process. The vision must be realistic, achievable, and compelling enough to challenge and motivate people to take action. It must also provide for benchmarks so that the community can measure and report on progress. There is a need for community education about



who are entrusted with leadership roles to act on the community's behalf with confidence. Community development is about empowerment and true participation through communications, knowledge exchange, decision-making, education, and the application of agreed upon courses of action.

**4. Development plans must ensure environmental stewardship.** Environmental stewardship requires planning. The community must pursue partnerships to protect agricultural lands; ocean resources; ecosystems; forests; clean, fresh water; and a healthy environment. Development encroaches on the environment. Therefore, we have a responsibility to ensure that any resource exploitation has minimal negative impacts.

**5. Development results must lead to sustainability.** Sustainable development depends on two major factors. The first priority should be to ensure that people have continued access to the basics of life. Secondly, resource development must be undertaken using sound management practices which ensure that resources are not depleted faster than the earth's ability to replenish itself. Conservation and restoration must be considered a normal cost of doing business. Developments that include the earth's nonrenewable resources should be undertaken only to the extent that the supply for future generations is ensured.

**6. Partnerships provide access to the necessary resources.** Community development is about partnerships. According to the U.N. definition, the efforts of Government are united with those of the people. While the community may well initiate organizational efforts, some of the resources needed to solve the issues are not found in the community or are controlled by the government. This creates a need for partnerships with governments, business, education and training institutions, and all other community-based organizations pursuing community development objectives.

## Update from the Collingwood Business Improvement Association

\*Collingwood Business Improvement Association (CBIA) welcomes new board member Sikander Visram of Sikander Visram Law Corporation located at 3445 Kingsway. Sikander was voted onto the board at the Collingwood BIA Annual General Meeting held at "Flavour of Asia" Restaurant next to the Cassandra Hotel on Monday, September 10, 2007. Other members of the business community who currently sit on the board include: Ernie Culley (The Life Centre); Phelan Jung (Vancity); Bob Plesko (King's-Way Kitchen); Brad Colwell (Bikram's Yoga of India); Vishy Ganeshan (Simply Curries); Ruby Marshall (Starbucks); Vera de Gemier (Ramada Hotel & Suites); Willie Jang (London Plaza); and Carl Palmiere (Labco Services).

events sponsored or partnered with the CBIA, patrolling Kingsway, handing out business related material, and assisting Collingwood Consumers. The Ambassadors work as an extension of the CBIA and CCPC existing Bike & Foot Patrol and are easy to recognize in their Red and Black uniforms.

\*A Fall "Jack-O-Lantern" Competition & Costume Contest and a Winter "Parade of Trees" program are in the works for Collingwood. Participating Collingwood businesses will have a "Jack-O-Lantern" and Halloween Poster on display from October 17 through 31. Vote on your favourite for a chance to win some great prizes. Promotion runs from October 17th to 31st.

\*Collingwood Business Improvement Association (CBIA) and Collingwood Community Centre (CCPC) together to launch Collingwood Ambassadors Program; program will kick off mid-October. The Collingwood Ambassadors will act as the eyes and ears for the CBIA and CCPC. They are dedicated individuals who are mandated to assist the business community. You'll see the Ambassadors at community

\*The next issue of the "Collingwood Express" Newsletter is available on the BIA website. Additional copies are available at the Collingwood Community Policing Centre, Central Park Business Centre and BIA office.

**Vancouver Public Library**  
**RENFREW BRANCH:**  
 Regular Thursday storytimes  
 Toddlers 10:15  
 Babytime 11:15  
 February 1, 8, 15

**Vancouver Public Library**  
**COLLINGWOOD BRANCH:**  
 Stories, songs, puppets and rhymes!  
 Join us for our free, drop-in Storytime programs:  
**Family Storytime:** Tuesdays from 7:15 to 7:45 pm  
**Babytime:** Fridays from 10:30 to 11:00 am  
**Toddler time:** For children 18 months to 3 years old  
**Preschool Storytime:** For children 3 to 5 years old  
[www.vpl.ca/branches/Collingwood/home.html](http://www.vpl.ca/branches/Collingwood/home.html)

ment, gic planning, and and for ource people and ocess is interactive ators" (experts in onal and . mes from nity influence, community education. Citizens must pursue their own community development. Citizen involvement in determining the community's priorities is the foundation for addressing development and change strategies. There is a need for citizens to develop decision-making processes and to commit to courses of action together.

# COLLINGWOOD NEIGHBOURHOOD HOUSE'S HIGHLIGHTS



## Seniors Lunch

The Collingwood Neighbourhood House seniors invite you to join them for a nutritious and delicious lunch every Tuesday and Thursday at 12:00 noon. Full meal prices are \$4.50 for seniors, \$5.50 for adults and \$3.00 for students. Items can be purchased ala carte and "to go" as well. Please come and join us and meet some new friends. Please see the menu for October.

**October 2**  
Vegetable Soup  
Grilled Corned Beef Sandwich  
Dessert

**October 4**  
Baked Ham, Potato, Vegetables, Dessert

**October 9**  
Pea Soup  
Egg/deli sandwich  
Dessert

**October 11**  
Chicken Cacciatore  
Pasta  
Salad, Dessert

**October 16**  
Basil and Lemon Soup  
Chili with Roll

Salad, Dessert  
**October 18**  
Sweet and Sour Meatball  
Rice and vegetable  
Dessert

**October 23**  
Hawaiian Ham  
Quesadillas  
Salad, Dessert

**October 25**  
Salmon, Vegetable  
Potato, Dessert

**October 30**  
Sloppy Joes  
Salad, Dessert

## 國際標準舞課程 — 社交舞蹈

### BALLROOM DANCE LESSONS - SOCIAL DANCES

**Friday 星期五**

Intermediate Level Instruction 中班  
中午 12:15 – 2:15 p.m.  
Drop in 隨訪每次 \$4.50

**Sunday 星期日**

Beginner's and Intermediate Levels  
Instruction 初、中班  
下午 1:05 – 3:00 p.m.  
Drop in 隨訪每次 \$4.75

**Social Dance 社交舞蹈**

下午 3:00 – 5:00 p.m.  
Drop in 隨訪每次 \$2.00  
Free for above-session learners.  
上一節學員免費。

**Organizer 主辦**

Maple Leaf Cultural Association  
楓葉文化協會

**Inquiries 查詢:**

Harold Lim 604-733-8365  
Mr. Chuck 604-255-0250 (between 5-7pm)  
or 604 435 0323  
Email 電郵 mapleleaf888@hotmail.com

**Location 地點:**

Collingwood Neighbourhood House  
高冷活鄰舍中心

## ATTENTION PARENTS



Collingwood Neighbourhood House has spaces available for childcare in the Preschool and Kindercare programs.

Spaces are also available in our Carleton School Age Program which services both Carleton and St. Mary's elementary schools.

**For more information or to reserve a space, please contact Alison Merton at 604 435-0323 ext. 238**

## CONNECTING SENIORS WITH SENIORS



Enthusiastic and dynamic seniors are required to participate in a multicultural project that will connect seniors with other seniors in the community. The participants will be required to take a community development training at Capilano College. A small honorarium will be offered.

If you are interested in connecting isolated seniors with each other or would like to volunteer as a member of the Steering Committee, please contact **Marcela at 604 435-0323 ext. 229**, or come in person to talk about this exciting and innovative project.

## PIANO CLASS

(Pre-registration is required)

This is a fun class for beginner music students where they will be learning piano and theory. This class focuses on the basics of proper touch, hand technique and reading notes. Other than playing piano, listening to music also plays an important factor in the early musicianship training. John Thompson's Easiest Piano Course will be the book used in this class which features colourful pictures and useful material for beginning music students.



### About the Instructor:

Herbert Kwan is an active musician and playing as an accompanist for the Van Sing Society Choir. He is currently attending Simon University's School of Contemporary Arts majoring in Music.

**Saturdays, October 20 - December 15**  
10:30 to 11:15 am (ages 5 - 7)  
11:30 am to 12:15 pm (ages 8 - 9)  
Cost: \$85 (9 sessions)

## "NEIGHBOURS FOR PEACE" Project

*An intergenerational project between Collingwood Neighbourhood House and Collingwood Neighbourhood School*

You will be offered 3 half-day training seminars in Compassionate Communications and then once a week participate in class or at lunchtime. This requires a once a week commitment from September 2007 - May 2008.

Share your wisdom, friendship and life stories with children from Collingwood Neighbourhood School. Hear the stories of the children.

Learn the language of heart together through music, story, games, art, eating, relaxing, laughter, puppets, connection.

**Call Tanya for more information at 604 325-5386. Sign up at Reception or call 604 435-0323.** This project was developed with funding from the Government of Canada's New Horizons for Seniors Program.



## REFLEXOLOGY

with Sandra Sinclair, Certified in Hand and Foot Reflexology, Registered Teacher with the Canadian Reiki Association, Past President of the Reflexology Association of BC

Available every **second and third Tuesday** of the month at Collingwood Neighbourhood House **between 1:00-3:00 pm**

**20 minute appointment \$15**  
**30 minute appointment \$20**

*Reflexology is a holistic method that involves pressure and message points found on the feet, hands and ears, corresponding to all organs, glands and body parts. The technique is designed to dissipate energy blocks and stimulates the circulatory, lymphatic and nervous systems encouraging the release of toxins.*

Please book your appointment at Reception.



# Renfrew / Collingwood Committees and Initiatives

**For more information about these groups, please call 604.435.0323 or visit: <http://www.cnh.bc.ca/rcinitiatives/>**

## CULTURAL

### Aboriginal Initiatives – Synala, Canoe Club & Amlat’si Family Place

- To develop programs that assist in the development of children and youth as well as community relationship building.
- The Canoe Club is culturally-based in order to promote the building of Aboriginal knowledge in the Collingwood community. Our objective is to join with Canoe Journeys such as the 5-day Paddling Together Canoe Journey. We have collaborated on activities with the Urban Native Youth Association and Warriors Against Violence.
- The Amlat’si Family Place focuses on Aboriginal cultural awareness through traditional songs, dances, arts, crafts and storytelling.

### Arts Pow Wow

Community development through arts and art projects. Connecting people and allowing them to express themselves.

### CNH Collingwood Settlement Services Committee

Coordinates the development and delivery of settlement services in Collingwood. This includes sharing information on services, identifying settlement needs in the area, and planning and implementing these in a collaborative manner drawing on existing resources.

### Multicultural Artist Gathering (MAGA)

Multicultural visual artists and artisans who support the development and blossoming of creative expression within our community through public events, exhibition opportunities, workshops and networking.

## PLANNING & DEVELOPMENT

### Emergency Social Services Committee

Planning and preparedness for emergency situations in the Renfrew-Collingwood Area. CNH is the emergency center for the community.

### RC CityPlan Committee

Implements Council-approved Community Vision directions through community initiatives. The group also supports and guides the activities of the sub-committees, expand outreach efforts, and works cooperatively with other community organizations and CityPlan committees to implement Vision Directions.

## EVENTS & CELEBRATIONS

### Collingwood Days

To plan and create Collingwood Days: an annual outdoor Spring event. The themes of the special event are: The History of Transportation – parade from Joyce Skytrain to Carleton School; Food Growing and Sharing – seed swap and garden opening; Community Celebration – food, live entertainment.

### Moon Festival Steering Committee

To provide direction and community feedback for the Renfrew Ravine Moon Festival. The themes of the

Moon Festival are: Environmental awareness of issues surrounding Renfrew Ravine and Still Creek; Multicultural Community Celebration; Art and Cultural Sharing; Linking Harvest Fair and the Asian Mid-Autumn Festival.

### Multiculturalism Week

This project is intended to celebrate Multiculturalism Week. This celebration includes a variety of events that enable the public to share their experiences, discuss and learn about common issues of interest or concern, and enjoy cultural performances representing different parts of the world.

## CAPACITY BUILDING / NETWORKING / ISSUE RESOLUTIONS

### CNH Computer Services Committee

Promotes a “less paper” work environment, computer learning opportunities and access to the internet.

### CNH Families Branching Out

The Program focuses on all aspects of the health and well-being of children 0 to 6 and their extended families. This includes all family members and caregivers. The program takes a community development approach focusing on capacity building with parents as leaders and mentors for others in the group. We all want to see our children grow up well and strong, healthy and happy.

### CNH Seniors Wellness Pathfinder Group

To promote seniors’ health through educational and social activities.

### I Can Choose, We Can Choose

Mission Statement: “To develop peer leadership in response to the social, health and cultural needs of Renfrew-Collingwood youth, and to further the well-being of the community as a whole.”

### Neighbourhood Integrated Services Team

This group is composed of City of Vancouver staff to work across organizational boundaries to help communities solve problems by dealing with issues that involve more than one department of the City.

### Neighbourhood Small Grants Project

To bring together ad hoc groups of local neighbours to organize and run projects that improve their neighbourhoods socially, culturally or physically.

### RC Area Services Team

Information sharing, service coordination, advocacy and action on emerging social issues and concerns.

### RC Community Leadership Institute

The Renfrew-Collingwood Community Leadership Institute has, so far, offered two six-month learning sessions for community leaders in Renfrew/Collingwood through a non-formal learning approach that continually builds on the body of knowledge in the community that propels and develops our leadership capacity. The Institute develops and nurtures diverse and competent community leadership.

### RC Drug and Alcohol Committee

To promote a safer, healthier community by providing a forum for the discussion and resolution of issues related to substance abuse in Renfrew-Collingwood.

### RC Food Security Institute

We value the importance of food in overall community capacity building, and the importance of not “stigmatizing” people in need.

- The Food Security Institute is premised on the idea that access to healthy, fresh food is a basic human right and the overall objective of the project is to build a solid food base for our community.

### RC Homelessness Committee

Identifying and finding ways to improve the housing situation in Renfrew-Collingwood, and working to resolve issues for the homeless.

### RC Open Doors to Learning

To provide early literacy programs for families with children aged newborn to four years, especially those who may be isolated or have not accessed other services. This year we are offering Parent-Child Mother Goose, Man in the Moon (for dads, granddads, and male caregivers and their babies aged newborn to 18 months), and Family Resource Centre Drop-In programs. All of these programs emphasize oral pre-literate communication between parent and child. Songs, stories, rhymes and games comprise the content. The Drop-In program also provides opportunities for parents to observe and join their children in play and craft activities. Emphasis is on building confidence, knowledge and skill in parents who are the prime educators of their children. A side-benefit is that parents form friendships and find support that extends beyond the group meeting.

### RC Community News

Provides a medium for residents, businesses & organizations to communicate and promote community-based programs, services and activities, etc.

### Windermere Community and Family of Schools

To identify resources and reallocation strategies to support Youth Leadership and Windermere Family of Schools.

## NEIGHBOURHOOD ORGANIZATIONS

### Collingwood Business Improvement Association

- Develops, encourages and promotes business in the CBIA, aids and researches projects/plans to benefit CBIA
- Encourages and supports entertainment, sports and cultural activities
- Promotes matters of common concern to the business tenants and property owners in the CBIA and to bring them together for the betterment of society.

### Collingwood Community Policing Centre/Joyce Street

Acts as a bridge of communications between the community and the police department. The office also provides a referral service and crime prevention education.

### CNH Board of Directors

Directs the work and activities of Collingwood Neighbourhood House. Includes planning, policymaking, financial management and employment of staff for community development and services in Collingwood

### Italian Cultural Centre

The Italian Cultural Centre was built for the purpose of maintaining, promoting and increasing the Italian Culture in the fields of language, literature, art and music as well as providing a gathering place for social activities and friendships, and not just for the Italians, but for all people that admire and treasure the Italian culture.

### Norquay Business Group

To improve business environment along Kingsway between Nanaimo and Rupert.

### RC Parents Advisory Council

Agendas are concerned primarily with school issues like fundraising, but also community issues like grow ops and safety.

### Renfrew Park Community Association

Provides and supports recreation services in the community in conjunction with Vancouver Parks Board.

## PUBLIC SPACE IMPROVEMENTS / ENVIRONMENT

### Green Up Clean Up

- Beautification of the area on Joyce Street between Wellington and Euclid.
- The long-term goal is creating the Cultural Harmony Walk and Garden – a walk from Kingsway along Joyce to Wellington with historical plaques, artwork, banners, flowers as well as a garden with more flowers, benches and a mural.

### Keep Vancouver Spectacular

Keeps the Renfrew-Collingwood neighbourhood clean by means of allocating one day in the Spring where community members pick up waste from streets. On this day, the Renfrew-Collingwood neighbourhood is divided up into designated areas where leaders and their teams would go about with garbage bags, gloves, and tongs in their hands. This initiative is supported with garbage bags and gloves from the Engineering Department of the City of Vancouver.

### Renfrew Ravine Committee

Finds ways to improve community involvement and develop community spirit. Out of this objective has come the Renfrew Ravine project which aims at restoring and enhancing the natural environment of the ravine.

### Skytrain Initiatives

Improves ways of connecting the skytrain stations into the local community

### Slocan Park Group

Revitalizes Slocan Park through making improvements to the playground and its surrounding areas.

### Save Firehall 15 (Build a New One Next Door) Committee

Aims to preserve Fire Hall 15 as a Stickly Heritage Building in a neighbourhood low in heritage architecture

# Jack-O-Lantern Competition



Visit Collingwood BIA Member Businesses located on Kingsway from Boundary to Rupert, between **October 17–31** and you could win some great prizes.

Participating businesses will be easy to recognize, they'll have a "Jack-O-Lantern" on display waiting for your vote, plus a poster in their window or on their door that looks like this ad.



A complete list of participating businesses can be found on the BIA website at [www.shopcollingwood.ca](http://www.shopcollingwood.ca). Or contact the BIA office for more information.

**Collingwood Business  
Improvement  
Association (CBIA)**



**Tel: 604-639-4403**

Historical  
**Collingwood**  
*Gateway into Vancouver*

